The Active Classroom CHEN Yubei, PAN Kaijuan, SIGG Viviane-laure @ 2017 The Education University of Hong Kong

Typical Puberty Problems	How to solve them
Bad smell	I take a shower. I change my clothes, especially underwear, regularly. I use deodorant.



Other typical puberty problems might be:

- Bad smell
- Fatty hair
- Pimples
- Voice break
- Feeling weird
- Being a rebell
- Unproportionate growth of the body/not muscular but very skinny looking
- Falling in love
- Hungry all the time
- Tired in the morning
- Not at the same time as others/late/early puberty