


Typical Puberty Problems	How to solve them
<p>Bad smell</p> 	<p>I take a shower.</p> <p>I change my clothes, especially underwear, regularly.</p> <p>I use deodorant.</p>

Other typical puberty problems might be:

- Bad smell
- Fatty hair
- Pimples
- Voice break
- Feeling weird
- Being a rebell
- Unproportionate growth of the body/not muscular but very skinny looking
- Falling in love
- Hungry all the time
- Tired in the morning
- Not at the same time as others/late/early puberty